## **Using Low-Vision Aids at Home**

You can complete the highlighted fields on this form online and then print the form for easy reference. Only text that is visible on the form is printed; scrolled text will not print. Any text you enter into these fields will be cleared when you close the form; you cannot save it.

Use this checklist of daily activities to help you determine the tasks where you would benefit from the use of a vision aid.

Activity	Need vision aid?	
Cooking		
Large-print, ringing, or talking cooking timer	Yes	No
<ul> <li>Large-print or marked control dials for stove, oven, and other kitchen appliances</li> </ul>	Yes	No
Raised or clearly marked measuring cups and spoons	Yes	No
Other:	Yes	No
Household chores		
Large-print or marked dials for washer and dryer	Yes	No
<ul> <li>Contrasting colors in backgrounds, such as light switches that are darker or lighter than walls</li> <li>Extra lighting</li> </ul>	Yes	No
- Direct light for reading or specific tasks	Yes	No
- Window coverings that adjust	Yes	No
- More light in halls or stairs	Yes	No
Taking medicines		
<ul> <li>Large-print labels, color coding, or raised markings for medicine bottles</li> </ul>	Yes	No
Daily, weekly, or monthly pill organizer with large print or braille	Yes	No
Keeping safe		
Remove area rugs and replace worn carpeting.	Yes	No
Arrange home to clear paths and walkways.	Yes	No
Use handrails in bathrooms and stairs.	Yes	No
Paying bills		
Calculator with extra-large buttons	Yes	No
Bold-lined paper for check writing	Yes	No
Direct lighting at desk	Yes	No
Reading and using the computer		
Magnifier	Yes	No
<ul> <li>Closed-caption television (CCTV), video camera, or special goggles to enlarge print, pictures, or other items</li> </ul>	Yes	No
Large-print or braille books and magazines	Yes	No
<ul> <li>Microphones, large computer screens, or software to allow use of the computer</li> </ul>	Yes	No

Activity	Need vision aid	Need vision aid?	
Personal care			
Labels on hot and cold water faucets	Yes	No	
Water level marks for bath and sink	Yes	No	
Large-print or talking alarm clock or watch	Yes	No	
Telephone with extra-large buttons or one that is marked	Yes	No	
Other			
	Yes	No	

